

**Entraînement 1** Calcule :

$(+1) + (+8) =$

$(-2) + (-7) =$

$(+8) + (-2) =$

$(+8) + (+1) =$

$(-6) + (+7) =$

$(+5) + (-8) =$

$(-2) + (-5) =$

$(+1) + (+3) =$

$(-4) + (+1) =$

$(-3) + (+6) =$

$(+2) + (-6) =$

$(-8) + (-1) =$

**Entraînement 2** Calcule :

Soustraction	Addition	Résultat
$(+5) - (+2) =$	$(+5) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(+5) - (-3) =$	$(+5) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(-8) - (+6) =$	$(-8) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(-8) - (-6) =$	$(-8) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(-5) - (-3) =$	$(-5) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(-5) - (+3) =$	$(-5) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(+5) - (-8) =$	$(\dots\dots\dots) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(-10) - (+1) =$	$(\dots\dots\dots) + (\dots\dots\dots)$	$= \dots\dots\dots$
$(-1) - (-9) =$	$(\dots\dots\dots) + (\dots\dots\dots)$	$= \dots\dots\dots$

**soustraction de nombres relatifs**

$(+4) - (+1) = (+4) + (-1) = +3$

$(+5) - (-3) = (+5) + (+3) = +8$

$(-2) - (-5) = (-2) + (+5) = +3$

**Entraînement 3** Mets le bon signe :

$- (-5) = \dots\dots 5$

$+ (-5) = \dots\dots 5$

$- (+5) = \dots\dots 5$

$+ (+5) = \dots\dots 5$

$- (-3) = \dots\dots 3$

$+ (-3) = \dots\dots 3$

$- (+10) = \dots\dots 10$

$+ (+10) = \dots\dots 10$

$- (-9) = \dots\dots 9$

$+ (-9) = \dots\dots 9$

**Entraînement 4** Complète à l'aide des exemples :

$+6 + 3 = +9$

$+3 + 8 =$

$+5 + 2 =$

$+3 + 8 =$

$-6 - 2 = -8$

$-3 - 9 =$

$-5 - 10 =$

$-6 - 1 =$

$-6 + 2 =$

$-3 + 8 =$

$-5 + 10 =$

$-7 + 1 =$

$+6 - 10 =$

$+3 - 2 =$

$+5 - 15 =$

$+7 - 9 =$

**Entraînement 5** Calcule :

$+6 - (-3) = +6 + 3 = \dots\dots\dots$

$-9 - (-2) = \dots\dots\dots = \dots\dots\dots$

$+7 - (-5) = \dots\dots\dots = \dots\dots\dots$

$-4 - (-5) = \dots\dots\dots = \dots\dots\dots$

$-9 - (-8) = \dots\dots\dots = \dots\dots\dots$

$+7 - (-5) = \dots\dots\dots = \dots\dots\dots$

$-1 - (-3) = \dots\dots\dots = \dots\dots\dots$

**Entraînement 6** Mets le bon nombre :

$- (-12) =$

$+ (-12) =$

$- (+15) =$

$+ (+8) =$

$- (-9) =$

$+ (-9) =$

$- (+1) =$

$+ (+1) =$

$- (-6) =$

$+ (-12) =$

